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Emergency Management and Homeland Security Consulting & Training

ntb group, LLC is a woman owned small business based in Vero Beach, Florida

Hurricane Season starts June 1<sup>st</sup>! Be prepared by setting up this emergency preparedness kit for your family.

<p><b>Toiletries</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Moisture wipes</li> <li><input type="checkbox"/> Toilet paper</li> <li><input type="checkbox"/> Soap, shampoo, toothpaste, tooth brushes</li> <li><input type="checkbox"/> Hygiene items</li> <li><input type="checkbox"/> Towels</li> <li><input type="checkbox"/> Infant formula and diapers</li> <li><input type="checkbox"/> Feminine Hygiene items</li> </ul>	<p><b>Household chlorine bleach and medicine dropper</b> – Dilute nine parts water to one part bleach to use as a disinfectant. In an emergency To clean water for drinking, add 16 drops of regular household liquid bleach to one gallon of water. Do not use scented, color safe or bleaches with added cleaners.</p>
<p><b>Sleeping Gear</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Blankets, sleeping bags</li> <li><input type="checkbox"/> Pillows</li> <li><input type="checkbox"/> Air Mattress w/ pump or sleeping pad</li> </ul>	<p><b>Clothes</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Seasonal clothing</li> <li><input type="checkbox"/> Rain gear</li> <li><input type="checkbox"/> Sturdy shoes</li> <li><input type="checkbox"/> Complete change of clothing (or 2)</li> </ul>
<p><b>Medical</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> First Aid Kit</li> <li><input type="checkbox"/> Medicines and Prescriptions</li> <li><input type="checkbox"/> Glasses and contact lenses &amp; solutions</li> <li><input type="checkbox"/> Sunscreen, insect repellent</li> <li><input type="checkbox"/> Disinfectant wipes</li> <li><input type="checkbox"/> Hand sanitizer</li> </ul>	<p><b>Water</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> At least 1 gallon per person, per day, for 3 to 7 days of drinking (potable) water</li> </ul>
<p><b>Electronics</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Flashlight</li> <li><input type="checkbox"/> Battery powered radio or digital TV</li> <li><input type="checkbox"/> Extra batteries</li> <li><input type="checkbox"/> Cell phone and Charger</li> </ul>	<p><b>Pets</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Carrier or cage</li> <li><input type="checkbox"/> Pet food and extra water</li> <li><input type="checkbox"/> Medication</li> <li><input type="checkbox"/> Muzzle and leash</li> <li><input type="checkbox"/> Identification and vaccination records</li> </ul>
<p><b>Important Documents</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Personal identification including copies of:             <ul style="list-style-type: none"> <li>• Birth certificates</li> <li>• Social Security Card</li> <li>• Driver's license</li> <li>• Medical records and prescriptions</li> <li>• Important phone numbers</li> <li>• Titles (home, auto, etc.)</li> <li>• Tax returns (past 4 years)</li> <li>• Account information (bank, credit, utilities, etc.)</li> <li>• Insurance documents</li> <li>• Licenses and certifications</li> <li>• Home inventory</li> <li>• Business Records</li> <li>• Accounting Data</li> </ul> </li> </ul>	<p><b>Other</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Cash (banks and ATMS might be closed)</li> <li><input type="checkbox"/> Keys(cars, house, evacuation house)</li> <li><input type="checkbox"/> Tools (wrench, pliers, screwdriver, hammer)</li> <li><input type="checkbox"/> Books, toys, games, that "special" stuffed animal</li> <li><input type="checkbox"/> Fill vehicle gas tank</li> <li><input type="checkbox"/> Maps (including evacuation routes)</li> <li><input type="checkbox"/> Fire Extinguisher</li> <li><input type="checkbox"/> Matches (in waterproof container)</li> <li><input type="checkbox"/> Paper and Pencil</li> <li><input type="checkbox"/> Local maps</li> <li><input type="checkbox"/> Signal whistle</li> <li><input type="checkbox"/> Heavy garbage bags</li> <li><input type="checkbox"/> Large Tarp</li> <li><input type="checkbox"/> Spool of rope or cord</li> </ul>
<p><b>Food</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 3 to 7 days worth, including:             <ul style="list-style-type: none"> <li>• Non-perishable packaged or canned food/juices, high calorie food bars</li> <li>• Foods for infants or the elderly</li> <li>• Snack foods</li> <li>• Non-electric can opener</li> <li>• Cooking tools/fuel</li> <li>• Paper plates/plastic utensils</li> </ul> </li> </ul>	<p>The Florida Emergency Information Line (FEIL) is a toll-free hotline activated by the Department of Community Affairs/Division of Emergency Management at the time of an emergency to provide up-to-date information regarding an emergency or disaster situation: <b>1-800-342-3557</b>.</p> <p><b>Contact your local Emergency Management agency for all your disaster preparedness needs.</b></p>

**And ALWAYS have a plan....Make sure your family has a plan in case of an emergency. Before an emergency happens, sit down together and decide how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of this plan in your emergency preparedness kit or another safe place where you can access it quickly in the event of a disaster. More information, planning aids and links are available on our website at [www.ntb-group.com](http://www.ntb-group.com).**



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Hurricane Season starts June 1<sup>st</sup>! Take time NOW to prepare yourself and your family before an emergency situation occurs.

### NOW or Early In Advance

- Plan where to go and make the necessary arrangements
- Inventory the contents of your home
  - Take photos or videos of both the inside and the outside
  - Record contents of closets, cabinets and drawers
  - Keep copies in a safe, separate location
- Gather your vital documents and records and make duplicate copies to be stored in a water tight container.
  - Make an extra copy or 2 and keep them in a safe, separate location
- Gather non-perishable items for your Emergency Preparedness Kit
- Arrange with family, neighbors, employers/employees, coworkers to have a contact number or location where you can check in
  - Create a free Twitter account
- Test your generator

### Immediately Before a Hurricane or Evacuation

- Fill car with gas
- Purchase gasoline for your generator
- Get emergency cash
- Secure objects that may fly around inside, such as potted plants, barbeques, trash cans and patio furniture, or bring them inside
- Close and lock all windows and doors
- Shutter windows and doors
- Move electronics and valuables away from windows
- Fill sinks and bathtubs with water
  - Use this water for bathing, washing clothes or flushing the toilet
- Make or purchase ice
- Shut off water at the main valve
- Shut off electricity at the main fuse or breaker box
- Watch or listen to local news on television or radio
  - Be prepared to evacuate if necessary
- Keep family, neighbors, employers/employees, coworkers abreast of your plans and location

# Real Solutions for Real Life

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Consulting and Training